

# Weekly Menu

	Breakfast	Lunch	Snack
Monday	Cheerios(WG) Bananas Milk (Whole and 1%) <sup>1</sup>	Chicken nuggets WG bread Pineapple Carrots Milk (Whole and 1%)	Animal crackers 100% Apple Juice
Tuesday	Waffles Tropical Fruit Milk (Whole and 1%)	Lunchables Pears Green Beans Milk (Whole and 1%)	Graham crackers(WG) 100% Apple Juice
Wednesday	Toast(WG) Peaches Milk (Whole and 1%)	Chicken Alfredo Raisins/Cranberries Mixed Vegetables Milk (Whole and 1%)	Gold Fish 100% Apple Juice
Thursday	Muffins(WG) Mandarin Oranges Milk (Whole and 1%)	Ham and Cheese sliders Corn Mixed Fruit Milk (Whole and 1%)	Chex Mix Under 2- Crackers 100% Apple Juice
Friday	Pancakes Apple Sauce Milk (Whole and 1%)	Turkey Sandwiches (WG) bread/ Cheese slice Raisins/Cranberries Broccoli Milk (Whole and 1%)	Cheez Its 100% Apple Juice

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<sup>1</sup> Milk substitutes are provided as required by dietary restrictions  
Whole milk served to 12-23 months, 1% served to 2 and older

# Weekly Menu

	Breakfast	Lunch	Snack
Monday	Cheerios (WG) Banana Milk (Whole and 1%)	Teriyaki Chicken and Rice Mandarin Oranges Green Beans Milk (Whole and 1%)	Animal Crackers 100% apple juice
Tuesday	Cheerios (WG) Banana Milk (Whole and 1%)	Pizza Roll Ups Peaches Broccoli Milk (Whole and 1%)	Gold fish 100% apple juice
Wednesday	Toast(WG) Tropical fruit Milk (Whole and 1%)	Turkey Sandwiches (WG) Bread/ Cheese Slice Mixed Fruit Carrots Milk (Whole and 1%)	Cheez-its 100% apple juice
Thursday	Biscuits Pears Milk (Whole and 1%)	Corn dogs Cranberries Corn Milk (Whole and 1%)	Graham Crackers (WG) 100% apple juice
Friday	Muffins Applesauce Milk (Whole and 1%)	Chicken Nuggets Raisins Mixed Vegetables Milk (Whole and 1%)	Chex Mix Under 2 Goldfish 100% apple juice

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Week 2

# Weekly Menu

	Breakfast	Lunch	Snack
Monday	Cheerios(WG) Bananas Milk (Whole and 1%)	Spaghetti Peaches Mixed Vegetables Milk (Whole and 1%)	Cheese its 100% Apple Juice
Tuesday	Waffles Pears Milk (Whole and 1%)	Hot Dogs Raisins Tater Tots Milk (Whole and 1%)	String Cheese Ritz Crackers 100% Apple Juice
Wednesday	Muffins(WG) Tropical Fruit Milk (Whole and 1%)	Ham & Cheese Wraps Pineapple Green Beans Milk (Whole and 1%)	Graham Crackers (WG) 100% Apple Juice
Thursday	Pancakes Mandarin Oranges Milk (Whole and 1%)	Turkey Sandwich (WG) bread/Cheese slice Carrots Mixed Fruit	Gold Fish 100 % Apple Juice
Friday	Toast Applesauce Milk (Whole and 1%)	Bean and Cheese Burritos Broccoli Cranberries Milk (Whole and 1%)	Chex Mix 100 % Apple Juice

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Week 3

# Weekly Menu

	Breakfast	Lunch	Snack
Monday	Cheerios(WG) Banana Milk (Whole and 1%)	Tacos Mixed Fruit Broccoli Milk (Whole and 1%)	Gold Fish 100% Apple Juice
Tuesday	Croissants Tropical fruit Milk (Whole and 1%)	Ham and Cheese Wraps Carrots Raisins/Cranberries Milk (Whole and 1%)	Graham crackers(WG) 100% Apple Juice
Wednesday	Toast(WG) Pears Milk (Whole and 1%)	Chicken nuggets Green beans Peaches Milk (Whole and 1%)	Animal Crackers 100% Apple Juice
Thursday	Muffins(WG) Mandarin oranges Milk (Whole and 1%)	Bubble Pizza Corn Pineapple Milk (Whole and 1%)	Cheez its 100% Apple Juice
Friday	Waffles Apple sauce Milk (Whole and 1%)	Turkey Sandwich(WG) Mixed Vegetables Raisins/ Craisins Milk (Whole and 1%)	Chex mix Under 2- Animal Crackers 100% Apple Juice

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Week 4

# Weekly Menu

	Breakfast	Lunch	Snack
Monday	Cereal Bananas Milk (Whole and 1%)	BBQ Meatballs Mixed veggies Pineapples Milk (Whole and 1%)	Animal crackers 100% apple juice
Tuesday	Bagels and Cream Cheese Mandarin oranges Milk (Whole and 1%)	Bean and cheese burritos Craisins Carrots Milk (Whole and 1%)	Graham crackers 100% apple juice
Wednesday	Waffles Mixed fruit Milk (Whole and 1%)	Turkey Sandwich WG bread/Cheese slice Green Beans Peaches Milk (Whole and 1%)	Cheese its 100% apple juice
Thursday	Toast Tropical fruit Milk (Whole and 1%)	Corn dogs Corn Pears Cheese stick Milk (Whole and 1%)	Goldfish 100% apple juice
Friday	Pancakes Applesauce Milk (Whole and 1%)	Fish sticks Broccoli Raisins WG bread Milk (Whole and 1%)	Chex Mix Under 2: Ritz crackers 100% apple juice

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 Week 5

# Weekly Menu

	Breakfast	Lunch	Snack
Monday	Cheerios (WG) Bananas Milk (Whole and 1%)	Tacos Tater tots Pineapple Milk (Whole and 1%)	Goldfish 100% Apple Juice
Tuesday	Muffins(WG) Mixed Fruit Milk (Whole and 1%)	Ham and cheese sliders Broccoli Raisins Milk (Whole and 1%)	Animal Crackers 100% Apple Juice
Wednesday	Toast(WG) Mandarin Oranges Milk (Whole and 1%)	Bean and cheese burritos Pears Carrots Milk (Whole and 1%)	Cheese Its 100 % Apple Juice
Thursday	Waffles Tropical Fruit Milk (Whole and 1%)	Chicken Sandwich Peaches Green beans Milk (Whole and 1%)	Graham Crackers(WG) 100% Apple Juice
Friday	Cheerios Craisins Milk (Whole and 1%)	Turkey Sandwich (WG) Bread/Cheese slice Applesauce Mixed vegetables Milk (Whole and 1%)	Chex Mix Ritz Crackers (Under 2) 100% Apple Juice

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Week 6